

## **DINING ASSISTANT** ON-LINE TRAINING SOLUTIONS

### **8-HOUR ONLINE SYLLABUS**

#### **Avera Dining Assistant On-Line Training Solutions©**

Avera Education & Staffing Solutions (AESS), Yankton, SD, welcomes you to the Avera Dining Assistant On-Line Training Solutions© 8-Hour OnLine Curriculum. AESS provides the 8-hour online training only. The healthcare facility, as part of its South Dakota Department of Health (SD DOH) approved 10-hour Dining Assistant Training Program, is responsible to conduct and document a minimum of a 2-hour clinical practice coordinated by the RN facility instructor and precepted by the RN facility instructor or facility RN. The facility is responsible for gaining Dining Assistant Training Program approval from SD DOH, documenting training program completion and maintaining documentation at the facility.

#### **8-Hour On-Line Curriculum Contents**

1. Course Overview and Syllabus
2. On-line Modules: include presentations, videos, handouts, and chapter quizzes
3. Final Exam

#### **Textbook**

Assisted Dining: The Role and Skills of Feeding Assistants, adapted from the American Health Care Association *REVISED APRIL 2020* (Authors: Bonnie L. Walker, Ph.D and Claire S. Cole, MA, RN, C)

*Text is not required but may provide additional helpful information to the student.*

#### **On-Line Curriculum Requirements**

The program will cover the following topics:

- Module 1: What is a Dining Assistant
- Module 2: Importance of Good Nutrition and Hydration
- Module 3: Dining Techniques
- Module 4: Appropriate Response to Resident Behavior
- Module 5: Assisting Residents with Dementia
- Module 6: Responding to Emergencies
- Module 7: Prevention and Control of Infection
- Module 8: Recognizing and Reporting Changes
- Module 9: Communication and Interpersonal Skills
- Module 10: Understanding Residents' Rights

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### 8-HOUR ONLINE SYLLABUS

#### **On-Line Curriculum Requirements (Continued)**

1. Carefully follow the on-line instructions.
2. Complete each module by viewing the presentation and any videos or handouts included in that module.
3. Complete the Module Quiz at the end of each module. Quizzes are progressive, therefore students must pass the previous module quiz before being allowed to access the next. You may repeat each quiz as many times as needed to achieve a minimum score of 80%. Be sure to record all scores on the Training Documentation Form.
4. Complete the Final Exam and record the score on the Training Document Form. You may repeat the final exam as many times as needed to achieve a minimum score of 80%.
5. Once all On-Line activities are completed successfully, print or save the On-Line Activity Completion Certificate marking completion of the 8-hour On-Line portion of your facility's 10-hour training program.
6. ***In Order to Complete a 10-Hour Dining Assistant Training Program:*** Schedule the clinical instruction (minimum of 2 hours) with your facility's RN Instructor.

#### **Clinical Requirements**

Two (2) hours of clinical practice in assisting residents coordinated by the RN Facility Instructor is required.

- You must complete a minimum of two hours of dining assistance supervised by a Registered Nurse. RN is available for questions and/or other concerns.
- The RN and your facility will maintain training documentation including documentation of the online and clinical portions and verification of 10-hour program completion.

**The facility is responsible for obtaining Dining Assistant Training Program approval from the South Dakota Department of Health (SD DOH). The facility may choose to utilize the Avera Education & Staffing Solutions training documentation form which includes clinical instruction documentation or its own SD DOH approved documentation form.**

**SD DOH Long Term Care Advisor: phone: 605-995-8057  
email: [diana.weiland@state.sd.us](mailto:diana.weiland@state.sd.us)**

**Main SD DOH Phone: 605-773-3361**